

Restauration Lodge Newsletter

**FRA PRESIDENTEN:**

DEAR RESTAURATION MEMBERS: I HOPE YOU HAVE HAD NEW OPPORTUNITIES TO TRAVEL AND BE WITH FAMILY AND FRIENDS THIS SUMMER. ALAN AND I HAD THE GOOD FORTUNE TO TRAVEL TO MOUNT RUSHMORE NATIONAL MEMORIAL, NAPA VALLEY, AND ARCHES NATIONAL PARK. LODGE MEMBERS WORKED THE SONS OF NORWAY BOOTH DURING NORDIC FEST (DECORAH) AND THE LINN COUNTY FAIR. LONGTIME MEMBER SHARON KAY STANG PASSED AWAY JULY 10. WE EXTEND OUR DEEPEST SYMPATHY TO THE STANG FAMILY. THERE IS NO AUGUST MEETING; THE NEXT LODGE MEETING IS SEPTEMBER 13. -- BARBARA

SOCIAL MEETING

NO AUGUST MEETING
SEE YOU IN SEPTEMBER

Event



Is there life
out there?

***Book Club
and ZOOM
info
p. 2***

Book & ZOOM

website: <http://www.sofn-cedarrapids.org>

Gratulerer med Dagen!

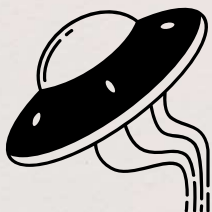
UPCOMING Birthdays



Our Book Club



The UFO
mystery
of
Norway's
Roswell.



August 17
1:00

HOME OF ANN GESME
AT COTTAGE GROVE

AUGUST BIRTHDAYS

TUCKER L CORNELL	13
ANNA COLLINS	14
MARY L BRUBAKER	15
DIANE IRENE OGANN	15
DARLENE LARSON EDWARDS	16

SEPTEMBER BIRTHDAYS

WILLIAM J DURSPEK	1
CYNTHIA CHARLSON MONROE.	5
NORMAN VERNON ROBERG	5
VINCENT WILLIAMS	6
JODI ENGER MARQUITH.	8
ENID U BENDA	9
ALISON AMES GALSTAD	21
DALE A FITZGIBBONS	22
GWEN KAG JONES	25
RUTH E CHRIST	26

Go to ZOOM.US
JOIN A MEETING
Meeting ID
777 30440 4484
Password:
SofnCR



FOLLOW OUR SOCIAL MEDIA

[HTTPS://WWW.FACEBOOK.COM/SONSOFNORWAYRESTAURATIONLODGE1548/](https://www.facebook.com/sonsofnorwayrestaurationlodge1548/)

KATHLEEN ALMELIEN RECEIVED A BLUE AND A RED RIBBON AT THE VESTERHEIM NATIONAL NORWEGIAN AMERICAN FOLK ART EXHIBITION. SHE HAS EARNED 5 POINTS TOWARD THE 8 THAT IS NEEDED TO RECEIVE HER GOLD MEDAL.



Congratulations Kathleen!



SON Social Meeting Minutes for Restauration Lodge 1-548

7/13/2022 7:00

- ✳Welcome by Vice President Lois Shindoll.
- ✳Sang *America and Ja Vi Elsker*. Recited the Pledge of Allegiance.
- ✳Treasurer's Report by Arden Shindoll: \$9386.79 in checking; \$2635.02 in savings CD.
- ✳Vesterheim Donation - \$25.
- ✳Memberships - 101
- ✳Attendance: 27 in person, 3 ZOOM
- ✳No correction to previous newsletter. Accepted as written.
- ✳Marilyn Olson, Cultural Director and Barb Taylor and Sue Speicher, social directors, asking for a program and treats for September's meeting.
- ✳Scholarships for camp - Cindy Monroe. Marilyn Olson announces camp scholarships can be for adults.
- ✳Nordic Fest is July 29. Sign up with Cindy.
- ✳Tom Naesse gives updates from Norway. Travel woes all throughout Europe.
- ✳Book Club for July, "Cod: A Biography of the Fish that Changed the World" and for August "Hessdalen Lights!"
- ✳Program by Kathlien Almelian, "Bandweaving"



We are saddened by the loss of our friend, Sharon Kay Stang. Her 82nd birthday was July 4 and she passed away on July 10, the day after Alan Stang's memorial service in Iowa City .

Sharon's obituary is available here:

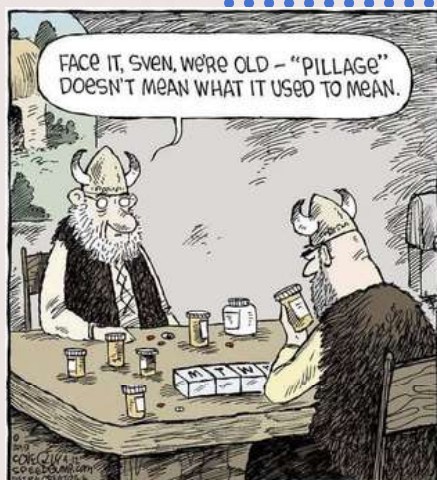
<https://www.lensingfuneral.com/obituaries/Sharon-Kay-Stang?obId=25328348>



PerkSpot

By visiting Sons of Norway's exclusive PerkSpot portal you can start saving today on products and services, like travel, clothing, food, entertainment and electronics. But that's not all! Every month new discounts are added to enhance the benefit and, once you create your account, the discounts you see will be tailored to the area in which you live!

[Click here](#)



Volunteers at Nordic Fest
L-R Gunnar, Nicholas Monro,
Thea O'Grady, and Cindy Monroe.



**SONS of
NORWAY**

Mission Statement

*The mission of
Sons of Norway
is to promote and to preserve
the heritage and culture of
Norway, to celebrate our
relationship with other Nordic
countries, and to provide quality
insurance and financial
products to its members*





What's Next?



REMINDER!!!

Vesterheim Folk Art School

The History of Socks: A Webinar with the Three Rivers
Fibershed with Susan Kolstad and Maddy Bartsch,
offered in partnership with the Three Rivers Fibershed
Online, September 13 (7:00-8:00 pm CT), Free!

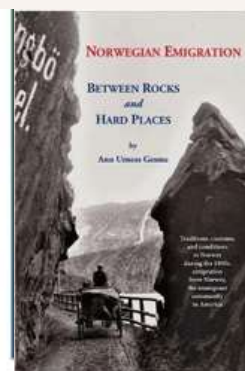
Register here:

<https://store.vesterheim.org/collections/fiber-arts-folk-art-courses/products/the-history-of-socks-a-webinar-with-the-three-rivers-fibershed>

988 the suicide
hotline is ready.

The new three-digit 988 Suicide
& Crisis Lifeline is designed to
be a memorable and quick
number that connects people
who are suicidal or in any other
mental health crisis to a trained
mental health professional.

IT'S OKAY NOT TO BE OKAY.



All Sons of Norway
members are invited
to join this virtual book
club, regardless of where
they live. The popular
book club is rapidly
growing and we've added
an additional meeting
time so more members
can take part.

**We will read:
Norwegian Emigration
Between Rocks and
Hard Places**

Ms. Gesme will be
with us August 25 to
discuss her book. There
will not be a second book
in August. Also, because
this is a meeting with the
author present, we will
have only one meeting
at 7 p.m. ET. For more
information and the
meeting link, send an
email to [SonsofNorway
BookClub@gmail.com](mailto:SonsofNorwayBookClub@gmail.com).



	Board	
Officers	Name	Contact Information
President	Barbara Erickson	319-377-1707
Vice President	Lois Shindoll	319-377-2890
Secretary	Cindy Monroe	319-363-7420
Treasurer	Arden Shindoll	319-377-2890
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Cultural Director	Marilyn Olson	319-393-9844
Social Directors	Barb Taylor Sue Speicher	319-393-0844 319-364-8607
Auditors	Verl Lekwa Ruth Christ Bob Thorkildson	319-728-2847 319-351-7717 319-841-2311
Language Facilitator	Tom Næsse	319-841-2311
Librarian	Lois Shindoll	319-377-2890
Publicity Director Newsletter Editor Music	Thea O'Grady	319-536-4979
Scholarship	Cindy Monroe	319-363-7420
Sports and Recreation	Anna Collins Greg Collins	319-640-5276
Sunshine	Cheryl Zapf	319-363-5326
Webmaster	Bob Thorkildson	319-721-9902



skandinavian Knitters

MEET EVERY MONDAY 10-12

CALL/TEXT [THEA AT 319-536-4979](tel:3195364979) WITH QUESTIONS