

Restauration Lodge Newsletter



Dear Restauration Members, almost thirty members gathered together to celebrate Syttende Mai. What a joy it was to see each other and visit. Please plan on attending the Midsummer Picnic, June 21st at Thomas Park. A delicious menu is planned for us. Be sure to invite family or friends to share in the celebration, but please rsvp if you plan on attending. I hope to see many of you at the picnic!

President, Barbara Erickson

MIDSOMMER PICNIC

Join us for our
celebration.
Bring goodies
to share!

Event

June 21, 2022

THOMAS PARK
5-8

Where & When

***For the
Love of Cod
p. 3.***

Book

website: <http://www.sofn-cedarrapids.org>

Midsummer Picnic

JUNE 21, 2022 TUESDAY 5-8
THOMAS PARK

You are welcome to bring
guests who want to
celebrate with us. RSVP the
number of your party to
sofn.cedarrapids@gmail.com

The board members have planned a new nordic menu featuring hot dogs with toppings: cabbage and fennel, fried onions, garlic aioli, strawberry onion tomato ketchup, and other aioli.

Norwegian Potato Salad.

Fruit Salad with strawberries, blueberries and raspberries.

Dessert: potato tarts with fruit and whipped cream.

Reminder: Board members are asked to arrive at 4:00



UPCOMING Birthdays

Our Book Club



**June 15, 2022
1:00**

**HOME OF ANN GESME
AT COTTAGE GROVE**

Gratulerer med Dagen!

June Birthdays

Donna J Trollet	8
Wilmer A Mickelson	11
Arnold E Andersen	12
Barbara L Erickson	12
Kathleen Doyle Almelien	16
Sandra L Van Amburg	19
Mette G Kelley	23
Barbara A Taylor	25
Lorelei Oetker	26
Ashton Galstad	28
Alan R Erickson	29
Evelyn Galstad	29

July Birthdays

Donald H Kvindlog	7
Nancy S Thorkildson	15
John Arthur Albertson	18
Beverly B Robeck	19

WE REMEMBER

Long time Restauration member,
Richard G Stueland of Rogers,
Arkansas, passed away recently.

Alan Stang's memorial service is
July 9, 2022 at 1:00 pm at Gloria Dei
Lutheran church in Iowa City.

Go outside!



Walking is a sports medal program. The Walking Form is available from Anna and Greg Collins.

Those who went outside!

Jason Gambach is awarded his Walking Medal! That's AWESOME!



Marilyn Olson receives her walking medal from our sports medal director, Anna Collins.



MACANUDO



Hiking Kjerag: Inside Norway's Most Terrifying Hike

The hike to the boulder is not scary, so what is scary?

Getting to the end of Kjerag and stepping onto

kjeragbolten!

It's this rock wedged between two high rock faces with 3,229 foot drop.

Source: Lust For The World

*Restauration lodge members Thea O'Grady and Marilyn Olson
will be attending District 1 convention June 2-4 in Brainerd, MN.*

	Board	
Officers	Name	Contact Information
President	Barbara Erickson	319-377-1707
Vice President	Lois Shindoll	319-377-2890
Secretary	Cindy Monroe	319-363-7420
Treasurer	Arden Shindoll	319-377-2890
Membership	Alan Erickson	319-377-1707
Cultural Director	Marilyn Olson	319-393-9844
Social Directors	Barb Taylor Sue Speicher	319-393-0844 319-364-8607
Auditors	Verl Lekwa Ruth Christ Bob Thorkildson	319-728-2847 319-351-7717 319-841-2311
Language Facilitator	Tom Næsse	319-841-2311
Librarian	Lois Shindoll	319-377-2890
Publicity Director Newsletter Editor Music	Thea O'Grady	319-536-4979
Scholarship	Cindy Monroe	319-363-7420
Sports and Recreation	Anna Collins Greg Collins	319-640-5276
Sunshine	Cheryl Zapf	319-363-5326
Webmaster	Bob Thorkildson	319-721-9902



skandinavian Knitters

MEET EVERY MONDAY 10-12 AT FEEDWELL KITCHEN
CALL/TEXT [THEA AT 319-536-4979](tel:3195364979) WITH QUESTIONS