

All the News that's Fjord to Print
by Thea O'Grady

Jan 2021
Here's Our Website



See FaceBook Page
District 1 Norwegian
Culture and Heritage



RESTAURATION
LODGE 1-548

1-548

Due to the pandemic, February's 2021 in-person meeting is avbrutt.

January 12 at 7:00, we will meet on Zoom!
Our program features Songs by The Hanson Brothers.

**Information for signing
into zoom:**

CLICK HERE!



Go to zoom.us and click on
JOIN A MEETING, then
enter Meeting ID
777 3044 4484

Or by phone
312 626 6799.



Password: SofnCR

Enter same ID and Passcode 568029

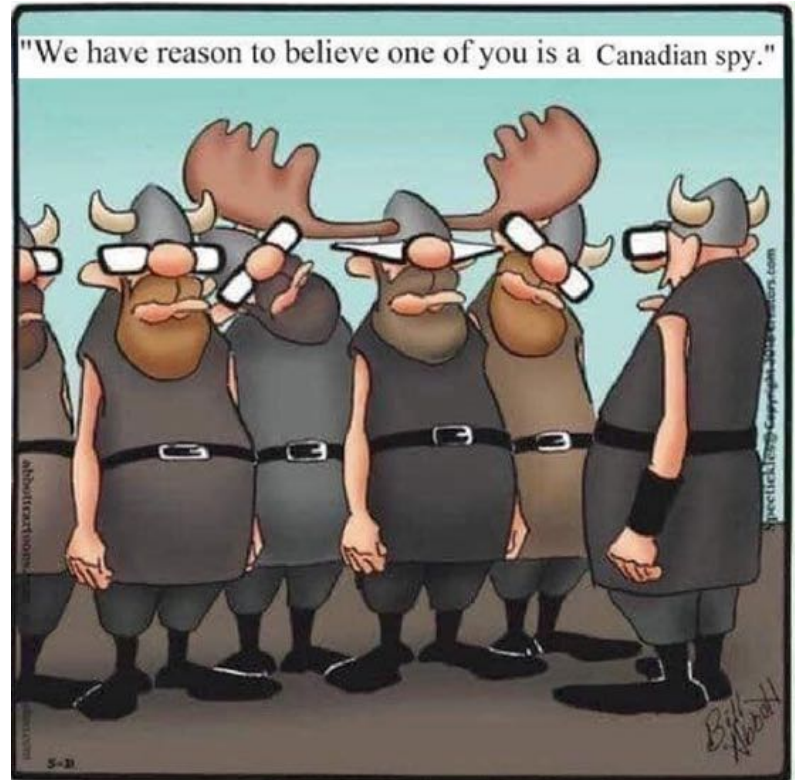
Fra Barbara Erickson, Presidenten

Godt Nytt Ar!

Welcome everyone to January, 2021. Last year was a long year. We found new ways to stay connected or reconnect with family and friends. I am filled with hope for the months to come. Traditional recipes, decorations, and traditions made the miles that separated us disappear. Our winter wonderland is a time to enjoy sledding, skiing, cross-country skiing, snowshoeing, ice skating, walking, or bird watching. I look forward to visiting with you via [Zoom.us](https://zoom.us) at our January meeting Tuesday 7 pm January 12, 2021. -- Barbara



WHAT WE LIKE!



January Birthdays

Signe Hovet	4
Carol Ann Kurth	6
Marvin Robeck	13
David A Aanonson	17
Lois M Shindoll	17
Larry D Knutson	18
Catherine R Fejfar	21
Susan R Speicher	21
David E Christ	24
Dianne F Garber	24
James Davig	28
Alan V Stang	28



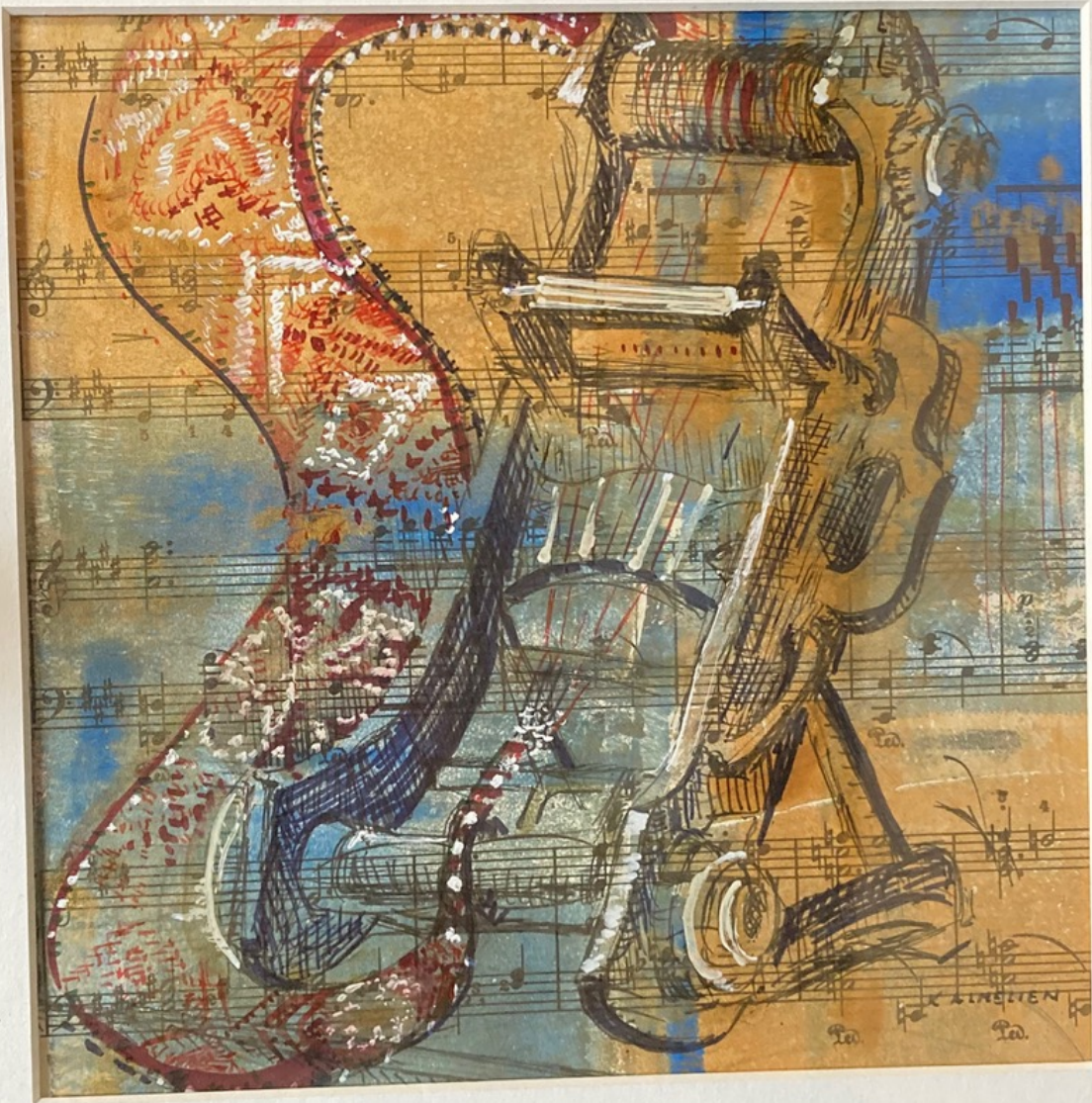
From the loom of Restauration Lodge member, Kathleen Almelién:

I am celebrating this evening by taking off a 3 month band weaving from my vertical loom. This one is my first that I designed and drew out. I have been reading about protections and symbols of protections and learning lessons from the non reading Norwegians on how to stay safe.

I chose the number 3. (The past, the present, and the future.) I represented this number with the diamond gods eyes. For the number 4

I used the reproduction symbol with the four dots in it that stands for my four grand babies. I also designed the x and 0 pattern to confuse evil. I marked this band with my initials and the year.

It is so good to have someone out there in the universe who understands the joy of completing a 120 inch apron band. This will be my entry in the international folk art exhibit. So to make sure my craftsmanship improved, I added a mirror to the back of the weaving, and discovered that I have a 20% take out rate before complete this piece. I unwove about 19 inches on this band.



Kathleen adds, "I have also been experimenting with printmaking and have my loom drawn on the Greig piano book pages that I took lessons in."



**Our book club meets
every 3rd Wednesday
via ZOOM from 1-3 PM.**

**This month we will meet Jan 20.
You are invited to participate even if
you have not read the book!**

Please join us  [ZOOM LINK](#)

Books for Restauration Book Club for 2021-2022

We still need presenters for June 16, July 21, August 18, Sept. 15, and Dec. 15. Please choose a book and month that would work for you if you haven't signed up yet. I will ask you at the next meeting for your choice.

✓ December 16, 2020 Ann Gesme
Two Homelands by Odd Lovoll

→ SOON January 20, 2021 Ellen Holstein
Clearing Out by Helene Uri

February 17, 2021 Lois Shindoll
The Body in the Lighthouse by Katherine Hall ☛ Free ebook (HOOPLA, cloudLibrary) through your library

March 17, 2021 Cindy Monroe
Norwegian Wood Chopping, Stacking, and Drying Wood the Scandinavian Way by Lars Mytting

April 21, 2021 Marilyn Olson
Walking One Step at a Time by Erling Kagge

May 19, 2021 Thea O'Grady
The Half Drowned King by Linnea Hartsuyker ☛ Free ebook (HOOPLA, cloudLibrary) through your library

June 16, 2021 Very Verl Lewka
Hedda Gabler by Ibsen

July 21, 2021 Helen Anderson
Pictures of Longing Photography and the Norwegian Migration by Sigrd Lien

August 18, 2021 Ruth Crist
Big Sister by Gunnar Staalesen ☛ Free ebook (HOOPLA, cloudLibrary) through your library

September 15, 2021 Thea O'Grady ☛ Free through eBook Downloader, Gutenberg (for iPad)
Letters Written during a Short Residence in Sweden, Norway, and Denmark (1796) by Mary Wollstonecraft

October 20, 2021 Ann Gesme
Between Rocks and Hard Places

November 17, 2021 Ellen Holstein
So Much Longing in so Little Space by Karl Ove Knausgaard ☛ Free ebook (HOOPLA, cloudLibrary)

December 15, 2021
Norske Fields by Anne Schroeder

January 19, 2022 Marilyn Olson
The Iron Chariot by Stein Riverton ☛ Free ebook (HOOPLA, cloudLibrary) through your library



Merrill Ludvigson

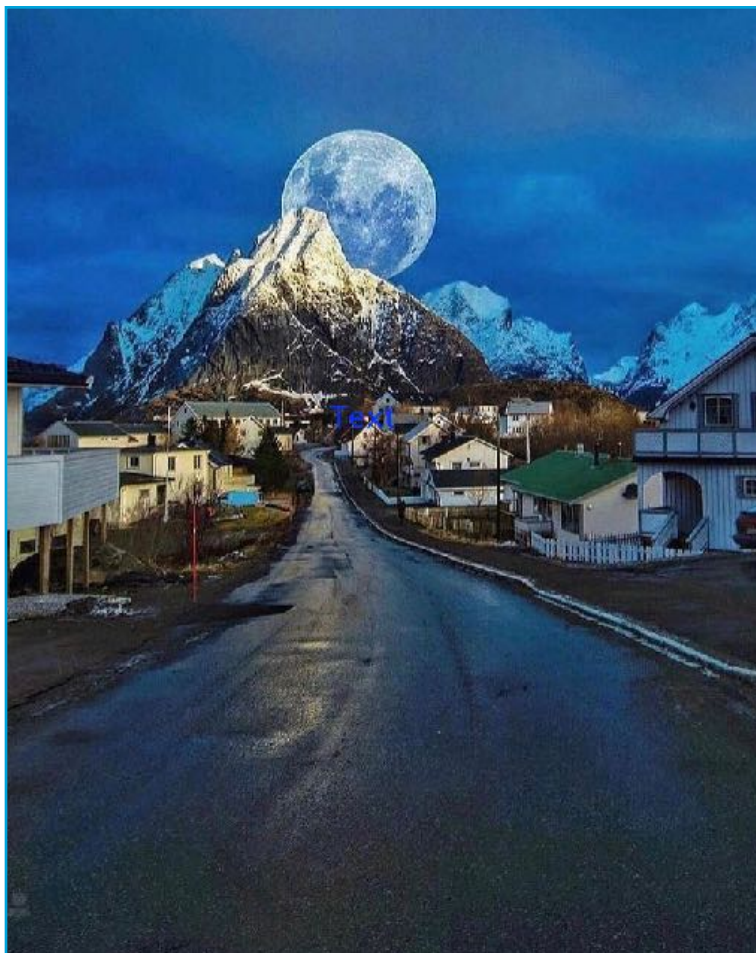
DeLaine (Ding) Sather

Wally Sundet

Dean Gesme

Anna Marie Klein

Jean Murray





Kathleen tells me this is their lefse making for 2020 and they made enough for three families, and sent them their portions for Thanksgiving and Christmas. The grandchildren wear "Lefse please" Tshirts (Ellis, Joy and Andres). Jim Almelien takes the pictures.



historiskmuseumoslo

...



396 likes

historiskmuseumoslo This tabernacle shrine from the church of Dal in Telemark holds the enthroned Mary with Christ on her lap. Mary is dressed in a robe



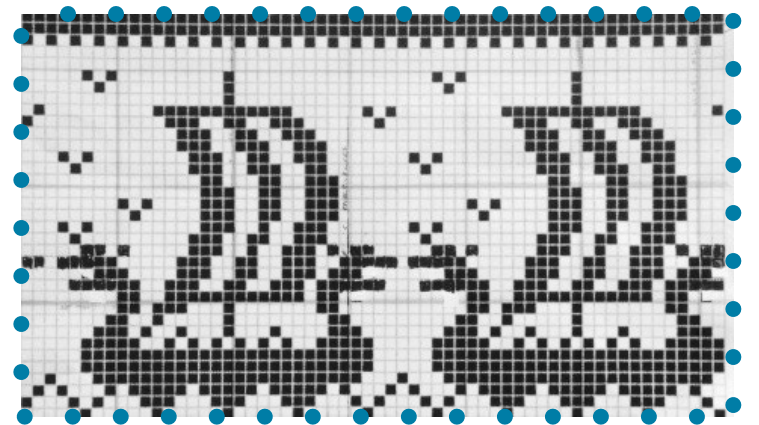
Vikings? Seriously?
Oh, come on ...

Here, dear readers, is where I invite you to send me your pictures and stories for this newsletter. Email Thea Tusen takk.

sKandinavian Knitters

We meet every Monday morning at 10 on

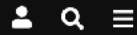
➡ ZOOM



With our need to remain home, there are several opportunities on television or the internet that are interesting. Try Viking.TV.



VIKING.TV



Dear Viking friends,

Here on Viking.TV we explore the world from the comfort of home. We provide free to watch livestreams and on demand programming, including short documentaries and interviews, lectures, musical performances, and much more. You can also visit [The Kitchen Table](#), which features many recipes to take you on a culinary journey around the world. We would like to continually evolve this experience channel for you, and welcome all comments and suggestions to vikingfamily@viking.com.

This Week

Monday, January 4

At the Kon-Tiki Museum with Curator Reidar Solvik

Tuesday, January 5

A History of Navigation with Knut O. Nesse

Wednesday, January 6

Explore Viking Expeditions with Dr. Damon Stanwell-Smith

Thursday, January 7

Anne Diamond interviews retired NASA Astronaut Dr. Kathryn D. Sullivan, PhD

Friday, January 8

"My Winter in Antarctica—Research on Ice" with Oceanographer Ed Sobey, PhD

Saturday, January 9

Mind & Body with Mona Therese

Sunday, January 10

Sunday Sessions with On Board Pianist Aleksandra

Livestreams start at 11AM PT, 1PM CT, 2PM ET, 7PM GMT, 5AM AEST.



From Travis Cleveland, 4/27/20

With the infection of the day having so much visibility, I recalled a post by Olaf Kringhaug, Canadian physician with roots in Trondhjem, in Karla's Norway List circa 2000. He was discussing Dr. Armauer Hansen's discovering the bacterium that causes leprosy, who built on the work of another of Bergen's sons, Dr. Daniel Danielsen, and of how leprosy and tuberculosis cousins were virtually endemic in Norway in past centuries.

Believed to be heritable, Hansen showed it to be infectious, albeit difficult to catch, with exposure, poverty, poor cramped housing and poor nutrition being the reasons. Most of the early hospitals were established by the Catholic church and were essentially for the treatment of leprosy. Also, leprosy was considered God's punishment, the priests were mainly concerned with their souls.

Olaf mentioned believing the soil of Norway, perhaps the peat moss, was responsible for leprosy being so potent there and concluded, "Dr. Hansen is certainly a noteworthy Norwegian."

Elected Officers:

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Vice President – Lois Shindoll 319-377-2890
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Treasurer – Arden Shindoll 319-377-2890
Membership Secretary— Alan Erickson
319-377- 1707
Cultural Director – Marilyn Olson 319-393-5531
Social Directors – Barb Taylor 319-393-0844
Sue Speicher 319-364-8607
SON Financial Benefits Counselor
Scott Johannsen
sjohannsen@riverlandinsurancegroup.com
563-343-5157



Web master:
Bob Thorkildson
319-721-9902

Appointed Officers:

Auditors: Verl Lekwa 319-728-2847
Ruth Christ 319-351-771
Bob Thorkildson 319-721-9902
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319-841-2311
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vacant
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