

January 2020

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District 1 Norwegian
Culture and Heritage



Learn
Norwegian
with Tom



RESTAURATION
LODGE 1-548

**NEXT MEETING — Tuesday, January 14, 2020 at 6:00 pm at
Our Savior's Lutheran Church in Cedar Rapids.**

Fra Presidenten - Godt Nytt Ar!

In 2020, Sons of Norway is celebrating the 125th anniversary of its founding on January 16, 1895. Sons of Norway is the largest Norwegian association in North America. Norwegians and North Americans of Norwegian descent have provided our country with cultural enrichment, ethnic traditions and many eminent leaders. There are now more North Americans of Norwegian descent than there are Norwegians in Norway.

We encourage members to bring favorite Scandinavian foods to our upcoming January 14 Lutefisk and potluck dinner (starting at 6:00 pm). Examples of foods to share are herring, meatballs, sandbakkels, krumkake, rommegrat, rosettes, rutabagas, fruit soup, lefse, etc. Lutefisk will be provided. This is a great time to personally invite someone you may know who is interested in Scandinavian culture and bring them to our meeting.

Come listen to Owen and Ryal Hanson speaking on their Masse Morro Camp experience. They received scholarships to attend camp from Sons of Norway District 1 and our lodge.

✚Barbara

Upcoming Programs:

Jan: Owen and Ryal Hanson

Feb: Fritjof Nansen

plus wool winding demonstration



Refreshments:

Jan: Lutefisk and Potluck Dinner

Feb: Adam & Cathy Wohlleben



OUR ACTIVITIES

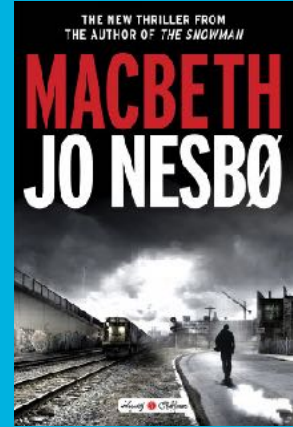


March Madness for Men

- * Beard Contest
- * Patrick's Day Parade
- * All About Aquavit

January Birthdays

Jean Murray	3
Signe Hovet	4
M David Solberg	4
Carol Ann Kurth	6
Marvin Robeck	13
David A Aanonson	17
Lois M Shindoll	17
Larry D Knutson	18
Catherine R Feifar	21
Susan R Speicher	21
David E Christ	24



BOOK CLUB

Wednesday, Jan 15
at 1 pm at Ann
Gesme's apartment.
We are reading,
MacBeth by Jo
Nesbø .



SKANDINAVIAN KNITTERS

Interested in knitting? You
are invited to meet Mondays
9:30 - 12 at Thea O'Grady's
home.

Phone or text 319-536-4979

SON Social Meeting Minutes

(For Restauration Lodge 1-548)

12/10/2020 / 6:00 / Our Savior's Lutheran Church

- ❖Welcome and Introduction of Guests by President Barbara Erickson
- ❖Pledge of Allegiance and singing of America, Ja Vi Elsker and Doxology
- ❖Treasurer's Report: (Barbara Erickson) \$3398.51 in checking; \$10978.91 in savings.
- ❖Donations to SON Foundation \$400, SKI for Light \$50, Our Savior's Luth Church \$100.
- ❖Secretary - Thea O'Grady is taking minutes.
- ❖Membership Secretary (Alan Erickson) 118 with 2 new members
Attendees - 39
- ❖Vice President - Barbara Erickson reports 2020 Calendars ordered, \$10
- ❖Social Directors - (Barb Taylor and Sue Speicher) Thanks
- ❖Membership Secretary (Alan Erickson) 118 with 2 new members
Attendees - 39
- ❖Vice President - Barbara Erickson reports 2020 Calendars ordered, \$10 apiece
- ❖Social Directors - (Barb Taylor and Sue Speicher) Thanks given for soup makers - Marilyn Olson, Thea O'Grady, Becky Cleveland, Gwen Jones, Cheryl Zapf and Cathy Wohlleben Rye Bread - Kathleen Almelian
- ❖Refreshments by Lodge Board Members
- ❖Book Club read for January 2020 - Macbeth by Jo Nesbø

Last Meeting Follow-up - District 1 Convention - June 4-6 2020 in Brainerd, MN, Cindy Monroe plus 2 delegates

- ❖125th Anniversary of SON January 16, 2020
- ❖International Convention Aug 16-21, 2020 in Ringsaker, NO

Action Items

New Business - Installation of Officers. Cultural Director - Marilyn Olson. Social Director - Sue Speicher. Secretary - Cindy Monroe. Membership Secretary - Alan Erickson.

- ❖Program - Selbu Mittens by Ellen Susanne Holstein

Next Meeting

- ❖No board meeting in Dec.
- ❖Jan 14, 2020 Lutefisk Potluck at 6:00 PM
- ❖Program - Owen and Ryal Hanson, Masse Morro Camp Experience



DID YOU KNOW?

**NORWAY WILL ALLOW
ANY STUDENT FROM ANYWHERE
IN THE WORLD TO STUDY AT THEIR
PUBLIC UNIVERSITIES COMPLETELY
FREE OF CHARGE.**

studyandcholarships.com has compiled as comprehensive a list as it could come across of tuition-free Norwegian state/public schools. Private schools have also been added to the list. The Norwegian higher education sector consists of eight universities, nine specialized university institutions, 20 state university colleges, two national academies of the arts and 16 private colleges. Both undergraduate and postgraduate programs cut across numerous disciplines. For institution-specific information and e-queries, visit the relevant schools from the list on the website.

Elected Officers:

👑 **President – Barbara Erickson** 319-377-1707
Vice President – Lois Shindoll 319-377-2890
Secretary – Cindy Monroe 319-363-7420 📧
Treasurer – Arden Shindoll 319-377-2890
Membership Secretary— Alan Erickson
 319-377- 1707
Cultural Directors – Marilyn Olson 319-393-5531
 🗣️ **Social Directors — Barb Taylor** 319-393-0844
 Sue Speicher 319-364-8607
SON Financial Benefits Counselor
Scott Johannsen
sjohannsen@riverlandinsurancegroup.com
 563-343-5157

Appointed Officers:

Auditors:

Verl Lekwa 319-728-2847
Ruth Christ 536-351-7717
Bob Thorkildson 319-721-9902

Language Facilitator

Tom Næsse 319-841-2311

Past President

Cindy Monroe 319-363-7420

Librarian—Lois Shindoll 319-377-2890

🎵 **Musician—Sharon Kay Stang** 319-351-5133

Publicity Director } Thea 319-536-4979

Newsletter Editor } O'Grady

Scholarships

Cindy Monroe 319-363-7420

Sports/Recreation/Youth

Verl Lekwa 536-728-2847

☀️ **Sunshine- Cheryl Zapf** 319-363-5326



Web master: Bob Thorkildson
 319-721-9902



Selbu Mittens presentation by designer, Ellen Susanne (left). Cultural Director, Marilyn Olson (right) poses with Ellen. See Ellen's newest design, Morkrid, on page 2; this design is available for purchase at ellensusanne.com.



Installation of Officers (left to right): Sue Speicher-Social Director, Alan Erickson-Membership Secretary, Marilyn Olson-Cultural Director and Cindy Monroe-Secretary